



CHRISTMAS/NEW YEAR OPENING AND EMERGENCY CONTACTS

Monday 19 th December – Open	Monday 26 th December - Closed
Tuesday 20 st December – Open	Tuesday 27 th December - Closed
Wednesday 21 st December Open	Wednesday 28 th December – Closed
Thursday 22 nd December – Open	Thursday 29 th December - Open
Friday 23 rd December – Open	Friday 30 th December – Open
Monday 2 nd January – Closed	
Normal service resumes on Tuesday 3 rd January	

If you feel you are in immediate danger, please contact the police without delay on 999

AWA Out of Hours 07742 762484

The National Domestic Abuse Helpline is available 24/7 on 0808 2000 247

Men's Advice Line

<https://mensadviceline.org.uk/>

Galop

<https://galop.org.uk/>

Housing

If you, or a family member/friend, need to leave home urgently, please contact Housing to access emergency temporary accommodation out of hours.

Aylesbury Vale: 01296 585168

Chiltern and South Bucks: 01494 732013 Wycombe: 01494 421212

Food or Financial Crisis

Buckinghamshire Council Helping Hand

For emergencies out of hours: 0800 999 7677

<https://www.buckinghamshire.gov.uk/housing-and-benefits/support-with-food-bills-and-finances/>

Mental Health

If you are experiencing a mental health crisis or need someone to talk to over the festive period, there is support available.

NHS mental health support available by calling 111 (available 24/7). If you are feeling suicidal please go to A&E where you will be able to access medical and crisis support.

Samaritans (available 24/7) 116 123

<https://www.samaritans.org/>

Text SHOUT to 85258

<https://giveusashout.org/>

Bucks Mind services over Christmas

<https://www.bucksmind.org.uk/bucks-mind-services-during-the-festive-season/#>

Children and Young People

<https://www.oxfordhealth.nhs.uk/camhs/support/>