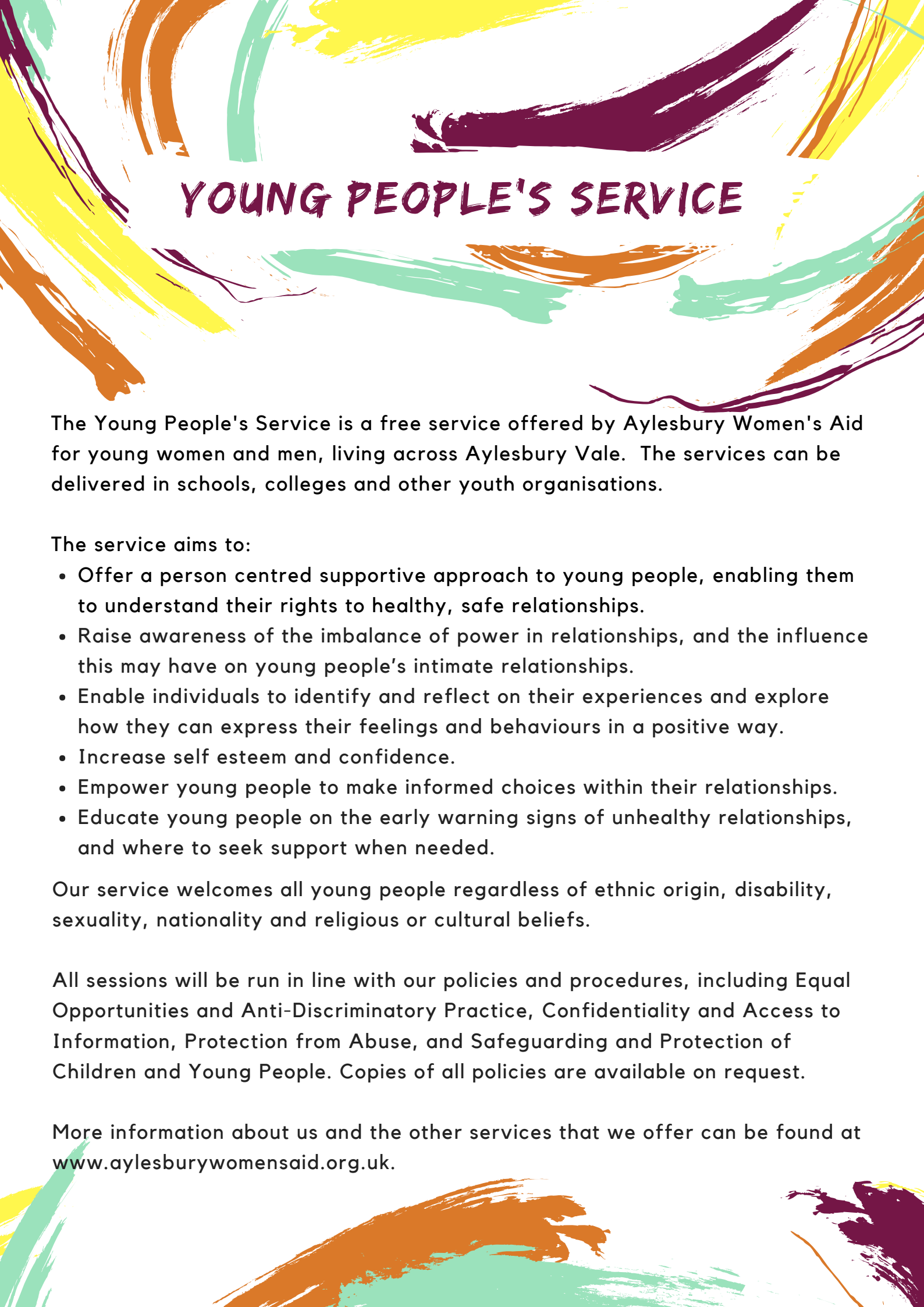




YOUNG PEOPLE'S SERVICE

• AYLESBURY WOMEN'S AID •

Registered Charity Number: 1054308



YOUNG PEOPLE'S SERVICE

The Young People's Service is a free service offered by Aylesbury Women's Aid for young women and men, living across Aylesbury Vale. The services can be delivered in schools, colleges and other youth organisations.

The service aims to:

- Offer a person centred supportive approach to young people, enabling them to understand their rights to healthy, safe relationships.
- Raise awareness of the imbalance of power in relationships, and the influence this may have on young people's intimate relationships.
- Enable individuals to identify and reflect on their experiences and explore how they can express their feelings and behaviours in a positive way.
- Increase self esteem and confidence.
- Empower young people to make informed choices within their relationships.
- Educate young people on the early warning signs of unhealthy relationships, and where to seek support when needed.

Our service welcomes all young people regardless of ethnic origin, disability, sexuality, nationality and religious or cultural beliefs.

All sessions will be run in line with our policies and procedures, including Equal Opportunities and Anti-Discriminatory Practice, Confidentiality and Access to Information, Protection from Abuse, and Safeguarding and Protection of Children and Young People. Copies of all policies are available on request.

More information about us and the other services that we offer can be found at www.aylesburywomensaid.org.uk.



YOUNG PEOPLE'S PROGRAMMES

ONE TO ONE SUPPORT & ADVOCACY

- 1 hour sessions for young people aged 11 to 17, providing emotional and practical support for those who have experienced domestic violence in their household, or directly in their own intimate relationships.
- Risk assessment, safety and support planning based on individual needs.
- Referral and signposting to specialist agencies where necessary.
- Advocacy at professional meetings such as safeguarding, and support through legal processes.

EXPECT RESPECT PROGRAMME

- A healthy relationship programme for young people aged 11 to 13.
- 1 hour sessions delivered over 5 weeks, suitable for small or large groups.
- Based on the Women's Aid 'Expect Respect' Toolkit, the programme challenges assumptions about gender, power and equality.
- Promoting the message that abuse is not acceptable, it helps young people to understand the difference between abusive and non-abusive behaviour.
- Supporting young people to manage feelings as well as accepting responsibility for one's own feelings and behaviour.
- Providing information on peer support and where to get help.

AWARE - RELATIONSHIP EMPOWERMENT

- A relationship empowerment programme for young women aged 13 to 17.
- 1 hour sessions delivered over 5 weeks, for groups of 6 to 12 young women.
- Using aspects of the 'Expect Respect' Toolkit and interactive activities to explore issues such as boundaries, conflict, gender stereotyping, influences on attitudes and beliefs, and Control v Love.

SERVICES FOR PROFESSIONALS

WORKSHOPS & TRAINING

We can also offer one off workshops for young people in schools, on healthy relationships and domestic violence. They can be adapted to suit the needs of the school and the students.

These workshops allow schools and colleges a way of evidencing that they are building resilience amongst young people, in accordance with the principles established by the Children's Act 1989 and 2004, and the Education Act 2002, including the responsibility under Section 157 to safeguard and promote the welfare of children.

We can also offer workshops to teachers and other professionals on domestic violence awareness and the effects on children and young people.

HOW TO CONTACT US & REFERRAL PROCEDURE

To make an enquiry or a referral to the service, please contact Nikki, Youth Worker on 07858570009, via email:

enquiries.awaid@outlook.com or at Aylesbury Women's Aid, P. O. Box 85, Aylesbury, Bucks, HP21 8WA.

Referrals will be accepted from individuals, statutory or voluntary agencies. A referral form must be completed and returned to the Youth Worker.

If a participant is unhappy with any part of the programme and would like to make a complaint or comment they are welcome to contact the CEO on 01296 436827 or via email aprilbenson.awaid@outlook.com