

Freedom Programme



Do you know what
it's like to have a
partner who . . .

Scares you
Controls you
Insults you
Hurts you or your children

**This programme can help you to
make sense of your experience**



*Small friendly
groups in your area*

All women welcome
For more information please ring:
01296 437777

For help or support about domestic violence and abuse contact Women's Aid
(Aylesbury) **01296 437777** or (Wycombe) **01494 461367**